



International Society of
Schema Therapy

**International Society Schema Therapy Certification Program in Child-Adolescent
Schema Therapy**

Schema Therapy Institute Midwest – Indianapolis

Sponsored by:

Center for Raising Adolescents and Youth, C.R.A.Y.

Module 3: Working with Parents and Families: Surviving Your Child's Adolescence

Friday & Saturday, February 9 & 10, 2018

9:00am-5:00pm

Lunch: 1pm-2pm

279 Windsor Place bet, 11th Ave & Prospect Park Southwest, Ground Floor

Brooklyn, New York 11218

The two day workshop will focus on the Child/Adolescent Schema Therapy Mode Model. You will learn how to identify Schema Modes and Mode Clashes and how to present them to adolescent clients and their parents as well as Schema Therapy interventions to work through mode clashes, so that the underlying needs are better met. There will be a particular emphasis on creative experiential work and strategies. We will once again explore the milestones of each developmental phase, the effect they may have on modes and schemas and the mode clashes that can occur when parent and child/adolescent needs are different. The workshop will be didactic with Powerpoint slides, demonstrations of the interventions and opportunities for practice in triads with coaching and discussion.

Ida Shaw, M.A. is the Training Director of the Center for Borderline Personality Disorder Treatment and Research, Indiana University-Purdue University, Indianapolis-Eskenazi Mental Health. She is a member of the Training and Certification Advisory Board of ISST and Chair of the Child/Adolescent Certification Committee. Ida is the main clinical supervisor of the international BPF trial of group schema therapy, providing training and supervision for all trial therapists. She supervises the practice component of additional research projects on Avoidant Personality Disorder, Dissociative Disorders, complex trauma and child/adolescent treatment.

Fee: \$350 USD

Graduate Students and Residents: \$175 USD

Please contact Marsha Blank for registration, payment and travel directions at:

parentserv@gmail.com