



ISST Certification Program in Child-Adolescent Schema Therapy

Workshop 1: Introduction to Schema Therapy for Children & Adolescents

February 26, 27, 28, 2018

Schema Therapy Institute, London

(3-day, 18 credit hours)

This 3-day introduction workshop presents basics of the C/A ST model and its core interventions, including work with parents. The primary focus is on the Mode Model and core interventions that will be covered include: limited re-parenting, imagery re-scripting, mode-specific role-plays, focused play therapy, puppet work and other experiential interventions. The importance of understanding childhood development and the neurobiology of key developmental periods is emphasized. The workshop incorporates: didactic sections with PowerPoint and group discussion, demonstrations by trainer in which the workshop participants play patients, and opportunities for participants to practice group interventions with coaching and feedback. This is the first workshop in an organized curriculum of training in Child-Adolescent Schema Therapy offered by the Schema Therapy Institute Midwest – Indianapolis. It is eligible for 18 training hours credit in the International Society of Schema Therapy C-A certification program. It is designed for people who have some exposure to ST from attending an intro workshop or reading the core literature.

AT: SCHEMA THERAPY INSTITUTE, LONDON, The Courtyard, Fulham Palace, Bishops Avenue, London SW6 6EA

TRAINER: IDA SHAW:

Ida Shaw is an ISST Certified Trainer-Supervisor in ST-Child/Adolescent, Group ST and Individual ST. In the last few years attention has been paid to the specific adaptations needed to use Schema therapy, which originated for adults, effectively with the child and adolescent populations. In 2014 a specialty area in Child-Adolescent ST was recognized by the ISST. A work group that began in Germany with Christof Loose, Peter Graf, Gerhard Zarbock and Petra Baumann-Frankenberger went on to include Ida Shaw, Maria Galimzyanova, Elena Romanova and Paul Kasyanik. Ida is best known for her innovative experiential work and the development of the Group Schema Therapy model, but her graduate training focused on Developmental Psychology and work with Children and adolescents. She was pulled into working with BPD in her collaboration with Joan Farrell, but after three books and 20 years of specialization and providing training she has recently been returning to her roots in Child and adolescent ST. She has established an ISST Approved Certification Training Program in C/A ST at the Schema Therapy Institute Midwest-Indianapolis.

For more information about this training and for registration contact:

info@schemainstitute.co.uk

For an overview of the ISST Certification curriculum go to the ISST website section on C-A ST.

For more about Ida and details regarding the full Child-Adolescent Schema Therapy Program: www.BPD-home-BASE.org

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Title Child-Adolescent ST Certification Training Workshops 1 and 2, Ida Shaw