

CURRICULUM VITAE
Joan M. Farrell, PhD
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EDUCATION:

Undergraduate: BA University of Michigan, Ann Arbor, MI. 1968 –1972
Department of Psychology
1012 East Hall
530 Church Street
Ann Arbor, MI 48109-1043
ph. 764 2580

Graduate: MA Wayne State University, Detroit, MI. 1972 – 1977
Department of Psychology
5057 Woodward Ave. 7th Floor
Detroit, MI 48202
ph: (313) 577-2800

Ph.D. Wayne State University, Detroit, MI. 1978

Internship - Boston Veterans Administration Medical
Center, Boston MA. 8/1975 – 8/1976

Fellowship – Bekhterev Neuropsychiatric Institute and
Leningrad State University, St. Petersburg,
Russia 8/1977- 5/1978

ACADEMIC APPOINTMENTS:

Clinical Assistant Professor of Clinical Psychology in Psychiatry, Faculty,
Indiana University School of Medicine,
1/1985 - 6/2011

Adjunct Asst. Professor, Department of Psychology
School of Science
Indiana University Purdue University – Indianapolis
1/2011-present
University of Indianapolis
Department of Clinical Psychology
6/2011 – present

HOSPITAL APPOINTMENTS:

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Wishard Hospital & Health Care System
Allied health Professional, July 2011-present

Larue D. Carter Memorial Hospital, Psychology Staff, 1985 to 2011

Clarian Health System Hospitals, Allied Health Professional 2003 to 2011

OTHER APPOINTMENTS AND PROFESSIONAL CONSULTANTSHIPS:

Consultant, Veteran Administration Medical Center, Allen Park, MI 1979 – 1983. I consulted on program development and treatment for Vietnam era combat veterans with posttraumatic stress disorder.

Indiana University Psychiatry Associates, 2003 to 2011

Consultant, Midtown Mental Health Center, 2005 - present. I consult on the use of the BASE Program for patients with Borderline Personality Disorder.

Research & Training Director, Center for Borderline Personality Disorder Treatment & Research, Indiana University School of Medicine, 2005 to present

Co-Director , Schema Therapy Institute Midwest, Indianapolis Center. ISST approved training and treatment center. 2010 – present

LICENSURE AND CERTIFICATION:

Licensed Psychologist, MI 1978 - 1986

Licensed Psychologist, IN Health Professions Board 1985 to present

Health Service Provider in Psychology, IN certification 1986 to present

Certified Schema Therapist, International Society Schema Therapy, 2009

PROFESSIONAL ORGANIZATIONS:

American Psychological Association, member 1978 to present

Division 29 Psychotherapy, member 1978 to present

Division 35 Psychology of Women, member 1978 to 1995

Association for Cognitive and Behavioral Therapy, member, 1978 – 1990, 2003 – 2010. (formerly the Association for Advancement of Behavior Therapy)

Association for Women in Psychology, member, 1978 – 1990

Indiana Psychological Association, member 1985 to 2009, 2012-present

Board of Directors, 1987 – 1989

Chair, Board of Cultural & Social Issues, 1987 – 1989

Chair, Women's' Issues Task Force, 1986 – 1988

International Society Schema Therapy, 2008 - present

HONORS AND AWARDS:

Award for Outstanding Contribution to Internship Training, 1986
IUSM Psychology Internship Consortium

Governor's Showcase Award in Mental Health – Indiana, 1990 for Psychoeducation Program for Women with Borderline Personality Disorder at Larue Carter Hospital.

INVITED INTERNATIONAL PRESENTATIONS:

International Society Schema Therapy, Invited presentation - Workshop on Group Schema Therapy for BPD, Summer School, Mainz University, Germany July 5, 2009

World Congress of the Association for Cognitive and Behavioral Therapy, invited presentation in Master Clinician Seminar Series: Group Schema Therapy for BPD, June 3, 2010

First International Congress on Borderline Personality Disorder.
Invited presentation: Practice Seminar Series: Group Schema Therapy for BPD, Berlin, Germany July 2, 2010

International Society Schema Therapy, Annual congress, Invited presentation: Workshop on Group Schema Therapy for BPD, Berlin, July 10, 2010

INVITED INTERNATIONAL KEYNOTE LECTURES:

Dutch Schema Therapy Society, Annual Meeting, Amsterdam, NL, May 9, 2009

International Society Schema Therapists, Annual meeting, Berlin, July 10, 2010

Schema Therapy Institute of Eastern Switzerland, Annual Conference, Zil, Switzerland, November 11, 2010

INVITED PRESENTATIONS, INDIANA:

Purdue University, Psychology Department - Combining Research and Clinical Practice, 2004

IUPUI Department of Psychology Surviving the Storm: Treatment Innovations for People with Borderline Personality Disorder. Invited presentation, , March 24, 2006

Group Schema Therapy – 1 day workshop, May 2011

TEACHING ASSIGNMENTS:

Psychiatry Residency Program

Course Director for:

Year	Course	Resident	N	Hrs
2004-	PSRES310 Psychotherapy BPD	PGYIII	8	9
2010	PSRES312 Psychotherapy Eating Disorder	PGYIII	8	4.5

Lectures:

Year	Course	Residents	N	Hours
1990-	Psychotherapy with Women	PGYIII & IV	8-10	2
1995	Gay & Lesbian Issues Psychotherapy	PGYIII & IV	8-10	2
	Behavior Therapy Course	PGYIII & IV	8-10	2
	Group Psychotherapy Course	PGY II	6-8	2
2007-2009	Introduction to Psychotherapy	PGYII	8	6

Clinical Supervision for Residents:

Group Psychotherapy supervision, PGIV residents. Resident co-leads a one hour group with me and meets for discussion and supervision one hour weekly. 1986 - 1989

Resident Long-term psychotherapy supervision, PGYII to IV years, two residents annually 1987- 1995 ;2000 to present ;

Psychotherapy Supervision Group for PG III & IV Residents at Larue Carter Outpatient Clinic – Treatment of BPD and other severe personality disorders. Four residents, biweekly 1993-1996.

Rotation for residents and Clerkship for medical students, Adult Inpatient Larue Carter Hospital, clinical rounds and small group discussions, trainee observation of my psychotherapy group work followed by discussion. 2003 to present, six hours per week through the year. Two to three residents per year and 15 to 18 medical students.

Resident PGY-IV Electives:

- **Treatment of Borderline Personality Disorder**
- **Group psychotherapy**
- **Psychotherapy Outcome Research**

Residents on electives have two hours of supervision weekly, plus either co-leading psychotherapy groups with me or conducting a research study. Each elective was filled by one resident during 2005 to 2007.

Academic Psychotherapy Clinic – co-director with Dr. Webber in supervising this clinic at the Adult Outpatient Psychiatry Clinic for residents and psychology graduate students. 2010

PGYII Clinical rotation for Group, Family & Couples Therapy at Larue Carter Hospital. Co-direct with Dr. Webber. 2009-2010

Combined Residency – Internship Courses

Course Director

Year	Course	Trainees	Number	Hours
1986 & 1987	Group Psychotherapy	PGIII & IV Interns	12	24

Clinical Psychology Internship Program

Year	Topic :	N	Hours
1988	Experiential therapy with BPD – “Fifth Friday”	8	4
1989	Treatment of BPD – “Fifth Friday”	8	6
1990	Use of Experiential Techniques in Psychotherapy – “Fifth Friday”	8	8

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1990-1993	DSMIII Seminar – Diagnosis of BPD	8	4
2003-2006	Psychotherapy for patients with BPD	6	4
2009 & 2010	Treatment of BPD	4	2
	Dissociative Disorders	4	2
	Schema Therapy	4	2

Clinical supervision for Psychology Interns

Major Rotation IU Psychiatry Adult Outpatient Clinic, Larue Carter Primary Supervisor, 1986 to 1993, (three students per year)

Long Term Psychotherapy supervisor, 1986 – 1993 (two students per year), 2003 to present (two students per year).
One hour weekly supervision.

Minor rotation in BPD Treatment, 2003 to present. I developed a half-day rotation for interns on the BASE Unit at Larue Carter, where they observe psychotherapy groups, co-lead a group and have one hour of weekly supervision.

Other Teaching

Psychology Symposium, Summer 2011
PsyD Program, University of Indianapolis

Practicum rotation supervisor for doctoral students University of Indianapolis, PsyD. program, one student per rotation 2000 – 2001; 2004 - present.

Psychotherapy supervisor for doctoral student in Pastoral Psychotherapy Program, Christian Theological Seminary, one student, 2002-2006.

Practicum rotation supervisor for Ph.D. students, Psychology Department IUPUI, one student per rotation 2005-2010.

Psychotherapy supervisor eight-week practicum, Clinical Nurse Specialist Program, IU School of Nursing, one student per rotation 2003 & 2004

PROFESSIONAL SERVICE:

Director, Psychology & Social Work Departments, Lynn Hospital Lincoln Park, MI. 1978 – 1984. I directed psychology and social work services (staff of five) and the group psychotherapy treatment program for a 25 bed mental health unit in a private medical hospital.

Psychologist, Associated Neuropsychiatrists, Allen Park, MI 1980 – 1985

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Private practice with a group of six psychiatrists.

Staff Psychologist, Adult Psychiatry Outpatient Clinic, IUSM & Larue Carter Hospital. 1985 – 1990.

Chief Psychologist Adult Psychiatry Outpatient Clinic, IUSM & Larue Carter Hospital. 1990 – 1996.

Founding & Senior Partner, Passages Psychological Services, Indianapolis, IN 1990-1997.

Program Director, Larue Carter Hospital Inpatient Borderline Personality Disorder Unit. 2000 – 2010

Staff Psychologist, Indiana University Adult Psychiatry Clinic & Study Center, 2003 – 2011.

GRANTS:

Association for the Advancement of Mental Health Research, Indiana University Foundation. Principal Investigator, Project Title: *A Group Psychoeducation Program for Borderline Personality Disorder Patients*. awarded \$21,500, 1988 - 1994

Principal Investigator, Project Title: *An Inpatient Group Psychoeducation Program for Borderline Personality Disorder Patients*. Awarded \$20,000. in 2001: renewal of \$20,000. in 2002.

National Institute of Mental Health, R03. Principal Investigator, Project Title: *Group Psychoeducation Program for Borderline Personality Disorder Patients*. \$126,000 award, September 1991 – 1993, extended to August 31, 1994.

Biomedical Research Grant, Department of Psychiatry Principal Investigator, Project Title: *Evaluation of the effectiveness of an inpatient treatment program for patients with Borderline Personality Disorder (BASE)* \$5,000. 2003- 2004, \$2,500.in 2008

Clarian Values Grant, Principal Investigator, Project title: *A Spirituality Resource Group to Augment Psychotherapeutic Treatment*. \$70,000, 2007-2009. This funding supports personnel and supplies for a study to evaluate the effects of adding a spirituality group to the BASE Program for BPD inpatients.

PUBLICATIONS on Borderline Personality Disorder:

Refereed Journals

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1. Farrell, J.M. & Shaw, I.A. (1994) Emotional Awareness Training: a prerequisite to effective cognitive-behavioral treatment of borderline personality disorder. ***Cognitive and Behavioral Practice***, 1, #1, 72-92,
2. Webber, M.A. & Farrell, J.M. (2008) Pharmacotherapy of Borderline Personality Disorder, ***Psychopharm Review***, Volume 43 • Number 11 •
3. Farrell, J.M., Shaw, I.A. & Webber, M. A. (2009) A schema-focused approach to group psychotherapy for outpatients with borderline personality disorder: A randomized controlled trial, ***Journal of Behavior Therapy & Experimental Psychiatry***, Jun; 40(2):317-28.
4. Zanarini, M, Stanley, B, Black, D, Markowitz, JC, Goodman, M, Pilkonis, P, Lynch, T, Levy, K, Fonagy, P, Bohus, M, Farrell, J, Sanislow, C. (2010) "Methodological considerations treatment trials for persons with Borderline Personality Disorder" ***Annals of Clinical Psychiatry***, 22(2) May, 75-83

Published Juried Abstracts

5. Farrell, J.M. (2005) A Therapeutic Storm Kit: the BASE Program. Published Abstract *Proceedings of the American Psychological Association 113th Annual Convention, Washington, D.C., August 14,*
6. Farrell, J.M., Shaw, IA, Fuller, K & Silver, V (2008) Group Psychotherapy for Borderline Personality Disorder: Ordeal or Opportunity? *Proceedings of the American Psychological Association Annual Convention, Boston, MA August,*
7. Farrell, J.M. (2009), Group Schema Therapy: A Catalyst for Mode Change (abstract), in *Behavioral-Cognitive Therapy New Perspectives*, p. 48, Porsche, Zagreb-Jankomir
8. Fretwell, H.M., Farrell, J.M. and Young, J.E. (2011) Group Schema Therapy: What remains the same and what changes when Schema Therapy is implemented in a Group EABCT congress, Reykjavik, Iceland, September 3.

Book Chapters

9. Farrell, J.M. & Shaw, I.A. (2010) "Schema Therapy Groups for Borderline Personality Disorder Patients: the Best of Both Worlds of Group Psychotherapy" in E. Roediger & G. Jacobs (Eds.) **Fortschritte der Schematherapie**. (Advances in Schema Therapy). Göttingen: Hogrefe
10. Farrell, J.M. Shaw, I.A. & Reiss, N (2012) "Group Schema Therapy for Borderline Personality Disorder" in M. van Vreeswijk (Ed) **Handbook of Schema Therapy**. Wiley-Blackwell
11. Reiß, N, Jacob, G & **Farrell, J M** (2012) Inpatient Schema Therapy for Patients with Borderline Personality Disorder - a case study. In M. Van

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Vreeswick, J. Broersen M. & Nadort (Eds.), **Handbook of Schematherapy: Theory, Research and Practice**. NY: Wiley-Blackwell.

12. Farrell, JM, Fretwell, H, Reiss, N (2011) "Group Schema Therapy" in Ed. N. Seel, **Encyclopedia of Learning**, Springer
13. Farrell, JM, Fretwell, H, Reiss, N (2011) "Schema Therapy" in Ed. N. Seel, **Encyclopedia of Learning**, Springer

Books

14. Farrell, JM & Shaw, IA (2012) **Group Schema Therapy for Borderline Personality Disorder: A Step-by Step Treatment Manual with Patient Workbook**. Wiley-Blackwell
15. Zarbock, G, Rahn, V, Farrell, JM and Shaw, IA (2012) **Group Schema Therapy An Innovative Treatment for Personality Disorder (Demonstrated with Borderline Personality Disorder) Developed by Farrell & Shaw**. DVD set, IVAH.De

Electronic Publications

16. Farrell, J.M. (2004) Psychotherapy in the Eye of the Storm: The Survival Skills Treatment Program for Patients with Borderline Personality Disorder. Invited paper at the NIMH International Think Tank on Effective Borderline Personality Disorder Treatment, The Conference Center at the Maritime Institute, Linthicum Heights, MD. July 9-11. Available at www.BPD-home-BASE.org
17. Farrell, J.M. (2005) Schema Focused Therapy – New Hope for Personality Disorder Treatment 11th Annual Mental Health Symposium Indiana University School of Medicine Department of Psychiatry and Mental Health America, Inc. Indianapolis, IN May 16 PowerPoint available at www.BPD-home-Base.org
18. Farrell, J.M. (2008) Awareness Brings Hope: Celebration of National BPD Awareness Month, May 20. NAMI Indiana and IUSM Center for BPD Treatment & Research PowerPoint available at www.BPD-home-Base.org.

Refereed Papers at National and International Meetings 2003-2011

19. Farrell, J.M., Shaw, I.A. (2007) "A randomized controlled trial of a Schema Focused Group treatment for Borderline Personality Disorder" **American Psychological Association Annual Convention**, Boston, MA, USA
20. Farrell, J.M., Shaw, I.A. & Fretwell, H. (2008) "A randomized controlled trial of a Schema Focused Group treatment for Borderline Personality Disorder: **International Society of Schema Therapy Annual Congress**, October 10 Coimbra University, Portugal

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21. Farrell, J.M. (2009) "Group Schema Therapy for Borderline Personality Disorder" **European Association for Behavioral and Cognitive Therapy Annual Congress** in Dubrovnik, Croatia.
22. Farrell, J.M. (2010) "Group Schema Therapy for Borderline Personality Disorder". **International Congress on Borderline Personality Disorder**. Berlin, Germany July 1-3.
23. Reiss, N, Lieb, K, Farrell J; (2010) "Pilot results Inpatient Group ST", **International Society of Schema Therapy Annual Congress**, Berlin,Germany July 8-10.
24. Perris, P & Farrell, J "Development of an adherence rating scale for group schema therapy" **International Society of Schema Therapy Annual Congress** Berlin, Germany July 8-10.

Refereed Symposia Chaired at National/ International Meetings 2000-2011

25. Farrell, J.M. (2005) Symposium Chair: Surviving the Storm: Treatment Innovations for BPD. **American Psychological Association Annual Convention**, Washington, D.C. August
26. Farrell, J.M. (2009) Chair of Symposium: Schema Therapy for BPD at the **American Psychological Association Annual meeting, Toronto, Canada**. Presenters included Jeffrey Young, PhD, Arnoud Arntz, PhD, George Lockwood, PhD, Michael Webber, MD, Heather Fretwell, MD and Ida Shaw, MA. August 8, 2009
27. Farrell, JM & Arntz, A (2010) Symposium Chairs: "New International Research to Evaluate Schema Therapy Treatment & Theory: Borderline Personality Disorder & Beyond: Part 1 & 2. **World Congress Association Behavioral & Cognitive Therapy 2010**. June 4

Grand Rounds, Department of Psychiatry, Indiana University School of Medicine

28. **Family Psychoeducation Programs in the Treatment of Schizophrenia**, November 7, 1986.
29. **Issues in the Psychotherapy of Women**, February 1987
30. **A Group Psychoeducation Program for Women Patients with Borderline Personality Disorder**, February 14, 1991.
31. **A Potpourri of Psychopathology**, Resident Case Conference with Eric Boss and Andrew Goddard, November 21, 2003

32. **Psychotherapy in the Eye of the Storm: Teaching Survival Skills to Inpatients with Borderline Personality Disorder**, March 17, 2004
33. **Highlights from the NIMH International Think Tank for Effective Treatment of Borderline Personality Disorder**, February 11, 2005
34. **Schema Therapy: Expansion of CBT for the Treatment of Personality Disorder Patients**, Resident Case Conference with Nalini Samavedy, MD. April 28, 2006

TRAINING WORKSHOPS on the Treatment of Borderline Personality Disorder

35. The Treatment of Patients with Borderline Personality Disorder Ten Years Later. **Indiana Conference on Residential Psychiatry**, Annual Meeting, October 2000. Three-hour workshop attended by sixty mental health professionals.
36. Psychotherapy in the Eye of the Storm: Teaching Survival Skills to Inpatients with Borderline Personality Disorder. Three hour workshop APA approved Continuing Education credit, **Indiana Psychological Association Spring Meeting**, May 14, 2004
37. Psychotherapy in the Eye of the Storm: Treatment for Borderline Personality Disorder. **Seventh Annual Mental Health Symposium – Recovery Indiana University School of Medicine Department of Psychiatry and the Mental Health Association in Indiana, Inc.** Indianapolis, IN May 14, 2004
38. Innovation in the Treatment of People with Borderline Personality Disorder. **Eighth Annual Mental Health Symposium Indiana University School of Medicine Department of Psychiatry and the Mental Health Association in Indiana, Inc.** Indianapolis, IN May 15, 2005
39. Understanding and Managing Self-injurious Behavior in the Correctional Setting. Invited three hour Workshop, **ICCADS annual meeting**, Nashville, IN November 2006.
40. Evidence-Based Treatment for Patients with Borderline Personality Disorder: Psychotherapy and Psychopharmacology. Invited three hr. Workshop, for **Central Indiana Regional Chapter (CIRC) of the Indiana Counselors Association on Alcohol and Drug Abuse, Inc.** November, 2007 with Tonya Foreman, MD.
41. Group Schema Therapy, 1.5 day workshop the **Idaho State Drug Court Treatment Program**, Idaho Falls, June 19-20, 2009
42. Group Schema Therapy for BPD, Three day workshops for 70 psychologists and psychiatrists who are part of the multi-site GST study. **Maastricht**

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University, the Netherlands, #1 May 5-7, 2009 and #2 February 1-3, 2010, June 2011

43. Group Schema Therapy for BPD, Three day workshop for 40 psychologists and psychiatrists **National University of Ireland, Galway, Ireland.** September 21-23, 2009
44. Group Schema Therapy, 2 day workshop for 36 Non-verbal therapists (Art, Drama, Movement, etc.) **Maastricht Mental Health Center**, the Netherlands February 4-5, 2010, June 2011
45. Group Schema Therapy, 2 day workshop, **Spalding University**, Louisville, KY, USA, April 10 & 11, 2010
46. Group Schema Therapy, IVAH Hamburg Germany, Nov. 2010, August 2011
47. Group Schema Therapy, Eastern Switzerland STI, Littenheid Switzerland, Nov. 2010, October 2011
48. Group Schema Therapy, Murdoch University Perth Australia, Feb. 2011
49. Group schema Therapy, Schema therapy Workshops London, Sept. 2011
50. Group Schema Therapy, de Viersprong Institute, NL, October 2011

NB. Presentations on topics other than BPD prior to 2003 are not listed.

1/20/2012

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